WINTER RECREATION SAFETY

Avalanche Safety

- Research your route and snow conditions in the exact location you plan to ski. Call the local avalanche warning center and check the current and forecasted weather before heading into the backcountry. Be prepared to adjust plans or routes accordingly.
- Avoid potential avalanche slopes – or carry avalanche equipment and know how to use it.

WINTER RECREATION SAFETY

- Have the courage to not go when/where you shouldn't go.
- Don't assume a slope is safe because there are tracks going across it.
- Don't assume you're safe just because you're wearing a transceiver.
- Make sure someone knows where you're going and when you're planning to return.
- Take an avalanche course if you plan to spend time recreating in the backcountry.

WINTER RECREATION SAFETY

- Only one in three people buried without a beacon survives!
- However, when caught it is best to try to escape to the side of it, grab on to a rock or tree.
- If that fails, ditch your equipment and swim with the avalanche, trying to stay on top.
- When the avalanche stops moving try to make an air pocket before it sets or reach to the top to lend others in your party a visual clue of your location.

WINTER RECREATION SAFETY